

MODULE 1 / Intro to Learning

— CHECKLIST —

CITIZENS
TESOL

GO TO MODULE 1 »





MODULE 1 / Intro to Learning

— **CHECKLIST** —

GO TO MODULE 1 »



Welcome to Module 1

What to Expect

This module consists of several lessons related to the topic of learning. We will also look at how we learn *languages*, specifically, and in contexts both within and outside of the modern-day classroom.

The following projects in this module will be assessed for the Professional Certificate:

- **Task 3A** — SLA Conference — *see chapter: "Second Language Acquisition (SLA)"*

In order to receive full credit for these assessments: please follow all instructions carefully, give substantial responses for all criteria given, and respond in a timely manner to any feedback or requests for additional work.

This module has 11 chapters. To stay on track, you should plan on spending at least 25 hours to complete the entire module (2-3 hours per chapter).

Want to finish quickly? Print out this checklist, and celebrate each milestone as you measure your progress!

	To finish this module in:	You will need to complete:	Average time spent:
<input type="checkbox"/>	3 months	1 chapter / week	2-3 hours / week
<input type="checkbox"/>	2 months	2 chapters / week	4-6 hours / week
<input type="checkbox"/>	30 Day Challenge »	3-4 chapters / week	6-12 hours / week
<input type="checkbox"/>	2 weeks	5-6 chapters / week	10-18 hours / week
<input type="checkbox"/>	1 week	10+ chapters / week	20-30 hours / week

How to use this checklist?

Measure your progress. Stay on track.

Want some help getting started (or finishing) Module 1 of the Citizens TESOL course? We are organizing some fun **30 Day Challenges** over the coming months that we think will be a great way to make some speedy progress through the course by finishing an entire module in 30 days or less! But you can use this same resource to **finish at your own pace** as well. So feel free to finish a module in 2 weeks, 2 months, and so on.

- **Celebrate each milestone!**

Print a copy of this checklist, stick it on the wall or in your binder, and mark off each chapter you complete. Then start, pause, and finish each challenge at your own pace.

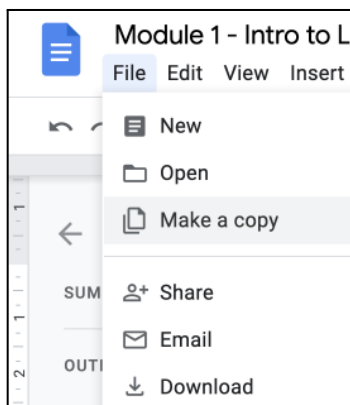
- **Want to finish this module in 30 days? Finish 2-3 chapters per week.**

Join an online cohort of classmates as we tackle this module together! Invite your friends or coworkers to do this challenge with you. And finish the first module of the Citizens TESOL course by completing one chapter every three days, for 30 days.

- **Get a prize.**

Finish this challenge within 30 days of starting it, and we'll give you a coupon that is good for an EXTRA 30% OFF your next bundle, upgrade, or individual module. [See Pricing Plans »](#)

- **Start in 3 easy steps.** [STEP 1: Sign up for a challenge.](#) (This will help us send you occasional reminders and other helpful resources.) | STEP 2: Print this checklist. | STEP 3: Go to your module and get started (or continue wherever you left off). Stay tuned for more challenges like this. Complete each one to finish the entire course in 6 months!



How to edit a digital copy?

Prefer to type your notes instead? Get an **editable digital version of this checklist.**

[Click here](#) to view the most up-to-date version of this checklist in Google Docs (view-only). Then to create your own *editable* version of that document, you will need to click "**File**" below the name of the document, and then select "**Make a copy**". Now you are ready to mark off those checkboxes from your device, and you can even add notes, add additional checkboxes, and create personalized to-do lists!

How are chapters organized?

Take a moment to familiarize yourself with how chapters are organized in the learning platform. This will help you get a feel for how they flow, which will help as you mark off the progress you're making.



« Get started with content.

Most chapters in this module begin with an introductory section that contains **content** on that particular topic (videos, readings, brainstorms, simple exercises, and more). **We will often include all of this content as a single checkbox in this document.**

« Finish with something practical, reflective, and fun.

The introductory section is followed by one or more **assignments** that are meant to be practical, reflective, and/or fun (such as design challenges, discussions, VoiceThread posts, or other projects). **Typically, we will break up these assignments into multiple checkboxes in this document.**

Timing tips

We have included **“Timing tips”** on these pages to help you manage and keep track of your time while completing this module (see **highlighted text** in example). *We highly recommend* tracking your time in this way to help you stay on track and finish your goals. It's also a very good strategy to **measure your progress** by the number of *chapters* you've completed in a week, instead of only counting how many hours you've spent.

Timing tips: Spend only **2-3 hours** on this chapter and then move on.

- Get started** - Complete the content section of this chapter, including Establishing Classroom Culture, The First Day of Class, and My Classroom's Culture. **(45 min)**
- Challenge: Make Your Own Signs** - Make at least 5 signs to hang on your classroom wall. **(30 min)**
- VoiceThread: Present Your Values** - Present at least 2 of your Classroom Values to the class, along with a brief explanation of each. **(30 min)**
- Discussion: Share Your Values** - Spend some time unpacking a few more thoughts behind the values you chose. **(30 min)**
- The Feed** - Share a post in The Feed. **(5 min)**

A few study tips

Here are a few more tips to get the most out of the lessons that follow.




(You can find a detailed version of this list near the beginning of the module.)





- **Take notes. (When you hear a great idea, write it down.)**
 - **Watch the videos more than once.**
 - **Stop and spend time reflecting before you continue.**
 - **Find a study partner.**
 - **Think about your own class, not just this course.**
 - **Read all instructions carefully.**
 - **Look for examples before you post.**
 - **Find a way to make it fun by . . .**
-
- Finding a comfortable and dedicated place for studying.
 - Keeping that study space stocked with your favorite snacks and drinks.
 - Making sure you have adequate lighting that is comfortable for your eyes.
 - Playing your favorite music while you work on projects.
 - Stopping every once in a while to have a little fun or do something else that will re-energize you: such as taking a short walk around the block, going for a bike ride, kicking or throwing a ball with a friend, watching something that will make you laugh, or turning up the music and throwing yourself a short dance party.




MODULE 1 / Intro to Learning



CHALLENGE YOURSELF:

- “Can I finish this next activity in: **60 minutes / 45 minutes / 30 minutes / 15 minutes?**”
- “Can I finish another **2 chapters / 3 chapters / 4 chapters / or more** this week?”
- “Can I finish **all remaining chapters in this module** by the end of the month?”

CHAPTERS	ASSIGNMENT LIST • TIPS
<p> FOR NEW STUDENTS IN THE COURSE</p> <p><i>Before you start this module</i></p>	<ul style="list-style-type: none"> <input type="checkbox"/> Highly recommended: Got a question? Need some advice? Attend a New Student Webinar or Talk with an Instructor so that we can meet each other and answer any of your questions. (optional: 1 hour) <input type="checkbox"/> Want to start strong? Complete the free Course Introduction module. This is a brief introduction to the Citizens TESOL Certificate Course, and it will help you prepare for the rest of the course so that you can get “all your ducks in a row” and know what to expect. (2 hours) <input type="checkbox"/> Explore the free preview, and when you’re ready, purchase full access to Module 1. Not sure which bundle to get? Explore our Pricing Plans to see some popular pathways to get to the Professional Certificate.
<p> CHAPTER 1</p> <p><i>Welcome to Module 1</i></p>	<p>Timing tips: Spend 15-30 minutes on this chapter and then move on.</p> <ul style="list-style-type: none"> <input type="checkbox"/> A few study tips - Review the recommendations on this page and consider which tips you want to implement during this module? (10 min) <input type="checkbox"/> Module 1 Workbook - Want to take handwritten notes? Then print out a copy of this module’s workbook, or get yourself a nice notebook.
<p> CHAPTER 2</p> <p><i>Classroom Values</i></p> <p>Materials Needed:</p> <p>Collect <u>one</u> of the following</p> <ul style="list-style-type: none"> ○ Colorful paper and a large pen or marker ○ Magazines for creating a collage-style sign` ○ A bulletin board and push pins 	<p>Timing tips: Spend only 2-3 hours on this chapter and then move on.</p> <ul style="list-style-type: none"> <input type="checkbox"/> Get started - Complete the content section of this chapter, including: Establishing Classroom Culture, The First Day of Class, and My Classroom’s Culture. (45 min) <input type="checkbox"/> Challenge: Make Your Own Signs - Make at least 5 signs to hang on your classroom wall. (30 min) <input type="checkbox"/> VoiceThread: Present Your Values - Present at least 2 of your Classroom Values to the class, along with a brief explanation of each. (30 min) <input type="checkbox"/> Discussion: Share Your Values - Spend some time unpacking a few more thoughts behind the values you chose. (30 min) <input type="checkbox"/> The Feed - Share a post and say hello to your classmates. (5 min)

CHAPTERS	ASSIGNMENT LIST • TIPS
<p> CHAPTER 3 <i>Icebreaker Activities</i></p>	<p>Timing tips: Spend only 2-3 hours on this chapter and then move on.</p> <ul style="list-style-type: none"> <input type="checkbox"/> Get started - Complete the content section of this chapter, including: Using Art and Games, Using Interview Activities, and Do More. (45 min) <input type="checkbox"/> VoiceThread: Let's Practice - Let's practice some of the icebreaker activities we've covered so far! (30 min) <input type="checkbox"/> Padlet: Share an activity - Share some of your own Icebreaker Activity ideas with the class. (30 min) <input type="checkbox"/> Finish the chapter, including listening to Sheti's story. (15 min) <input type="checkbox"/> The Feed - Share a post and say hello to your classmates. (5 min)
<p> CHAPTER 4 <i>Student Needs</i></p>	<p>Timing tips: Spend only 2-3 hours on this chapter and then move on.</p> <ul style="list-style-type: none"> <input type="checkbox"/> Get started - Complete the content section of this chapter. (90 min) <input type="checkbox"/> Discussion: Case Studies - Let's try to apply some of these new ideas by thinking about some actual students. (60 min) <input type="checkbox"/> The Feed - Share a post and say hello to your classmates. (5 min)
<p> CHAPTER 5 <i>Learning Styles</i></p>	<p>Timing tips: Spend only 2-3 hours on this chapter and then move on.</p> <ul style="list-style-type: none"> <input type="checkbox"/> Get started - Complete the content section of this chapter, including the VARK Questionnaire and Survey. (60 min) <input type="checkbox"/> Research Learning Strategies - Take a few minutes to research some learning strategies for your preferred mode of learning. (15-30 min) <input type="checkbox"/> Padlet: Share your strategies - Share some of the learning strategies you researched with the rest of the class. (30 min) <input type="checkbox"/> Go Deeper - If you have extra time remaining, watch some of the videos in the "Go Deeper" section on the "Takeaways" page. <input type="checkbox"/> The Feed - Share a post and say hello to your classmates. (5 min)
<p> CHAPTER 6 <i>Proficiency Levels</i></p> <p>Materials Needed:</p> <ul style="list-style-type: none"> ○ Speaking Interview Form ○ Speaking Level Guide ○ Photo 	<p>Timing tips: Spend only 2-3 hours on this chapter and then move on.</p> <ul style="list-style-type: none"> <input type="checkbox"/> Get started - Complete the content section of this chapter, including: The 5 Proficiency Levels, Speaking Interviews, Things to think about, Speaking Level Guide, and Where to find Amazing Photos. (60 min) <input type="checkbox"/> Padlet: Photo Contest - Find a photo and share it with the class. (15 min) <input type="checkbox"/> Padlet: Speaking Interview Challenge - Determine Gamze's Speaking level so that you can assign her to the best possible class. (45 min) <input type="checkbox"/> Test Your Skills! - Put your assessment abilities to the test, and practice assessing levels. (30 min)

CHAPTERS	ASSIGNMENT LIST • TIPS
	<p><input type="checkbox"/> The Feed - Share a post and say hello to your classmates. (5 min)</p>
<p> CHAPTER 7 <i>Go and Learn a Language</i></p>	<p>Timing tips: Spend at least 10 minutes per day for a whole week (2-3 hours total). It's okay to skip ahead to the next chapter.</p> <p><input type="checkbox"/> Start learning / Keep practicing - Review the instructions and get started. For a whole week, spend at least 10 minutes per day studying a foreign language. It's okay to skip ahead to the next chapter: Not finished with your week of practice yet? You may continue working on other chapters in the meantime, and then return to this chapter later to finish it. (10 min per day, 60+ min total)</p> <p><input type="checkbox"/> Language Learning Tips - Whenever you have extra time remaining throughout this week, explore some of the tips and ideas on the "Language Learning Tip" pages and try practicing any of the areas or strategies where you might be weak. (60 min)</p> <p><input type="checkbox"/> VoiceThread: Share a phrase - Share about what new language you studied, and share at least one phrase from that language and what it means. (30 min)</p> <p><input type="checkbox"/> Discussion: Share your tips - Reflect on your experience of being a language learner this week. (30 min)</p> <p><input type="checkbox"/> The Feed - Share a post and say hello to your classmates. (5 min)</p>
<p> CHAPTER 8 <i>Second Language Acquisition (SLA)</i></p>	<p>Timing tips: Spend only 3-4 hours on this chapter and then move on. This is a big project, therefore it is important to break it up into smaller chunks and to manage your time well.</p> <p><input type="checkbox"/> Get started - Complete the content section of this chapter by investigating the SLA principles in the "We're off!" video and finding your breakout room in the "Welcome Letter" for the World SLA Conference. (30 min)</p> <p><input type="checkbox"/> Breakout Rooms - Go to your team's breakout room and follow the instructions there in order to prepare for tonight's panel discussion. Collect a few notes. You do <u>not</u> need to over-prepare. (30-60 min)</p> <p><input type="checkbox"/> Panel Discussion - Give your presentation and leave threaded comments in order to participate in all 4 rounds of the discussion. You do <u>not</u> need to give a perfect oral presentation. Just relax, share ideas, and have fun! (30 min)</p> <p><input type="checkbox"/> Keynote Speech (Go Deeper) - We will finish the conference with a keynote address from a very special guest. (optional: 60 min)</p> <p><input type="checkbox"/> The Feed - Share a post and say hello to your classmates. (5 min)</p>
<p> CHAPTER 9 <i>Language, Culture, and Worldview</i></p>	<p>Timing tips: Spend only 2-3 hours on this chapter and then move on.</p> <p><input type="checkbox"/> Get started - Complete the initial content section of this chapter by investigating: What is Culture, Culture and Language, How does language shape us, and What is Worldview. (60 min)</p> <p><input type="checkbox"/> VoiceThread: Color Your Worldview - Reflect on the things that influence your worldview, and share a few examples with the class (60 min)</p>

CHAPTERS	ASSIGNMENT LIST • TIPS
<p>Materials Needed:</p> <ul style="list-style-type: none"> ◦ "My Worldview Eyeglasses" Activity Sheet 	<ul style="list-style-type: none"> <input type="checkbox"/> Finish the chapter - Complete the remaining lessons, including: Culture and Communication, Culture and Education. (30-60 min) <input type="checkbox"/> Go Deeper - If you have extra time remaining, watch some of the videos in the "Go Deeper" section on the "School Culture and Creativity" page. (optional: 30 min) <input type="checkbox"/> The Feed - Share a post and say hello to your classmates. (5 min)
<p> CHAPTER 10 <i>Breaking Down The Wall</i></p>	<p>Timing tips: Spend only 2-3 hours on this chapter and then move on.</p> <ul style="list-style-type: none"> <input type="checkbox"/> Get started - Complete the initial content section of this chapter by investigating: Invisible walls in our classrooms, Krashen's Affective Filter, and Maslow's Hierarchy of Needs. (60 min) <input type="checkbox"/> Padlet: Breaking Down The Wall - Make 2 lists that represent the "red bricks" and "blue spaces", and add at least 2 items from each of your lists to the Padlet. (30 min) <input type="checkbox"/> Discussion: The walls that separate us - Reflect on and discuss a few key questions as we start to wrap up this module.. (30 min) <input type="checkbox"/> Go Deeper - If you have extra time remaining, watch some of the videos in the "Go Deeper" section on the "Maslow's Hierarchy of Needs" page. (optional: 30 min) <input type="checkbox"/> The Feed - Share a post and say hello to your classmates. (5 min)
<p> CHAPTER 11 <i>Reflection</i></p>	<p>Timing tips: Spend only 1 hour on this chapter and then move on.</p> <ul style="list-style-type: none"> <input type="checkbox"/> Module 1 Final Reflection - As you finish Module 1, here are a few questions to consider. These reflection questions will help you consolidate all of the things you've learned in this module, and will give you a few practical takeaways to bring with you to your classroom. (30 min) <input type="checkbox"/> Take A Look Back / The Golden Stapler (optional) - Take a moment to honor and encourage your classmates. Share a recent lowlight and/or highlight. (optional: 15 min) <input type="checkbox"/> Module 1 Feedback - Before we move on to the next module, we'd like to ask you for your feedback on this one! (10 min)

To-do List / Reminders

Here is a space for you to make a list of anything from the course that you still need to work on.

-
-
-
-
-
-
-
-
-
-
-
-
-
-
-
-
-
-
-
-
-